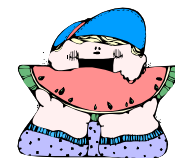




DELISHE ~ Canteen Menu - TERM 1



Effective 1 January 2014

<u>BREAKFAST</u>		<u>HOT FOOD</u>		<u>DRINKS</u>	
☺ Toast with Vegemite or Jam per slice	\$1.00	♦ Large Pie – reduced fat H	\$2.90	☺ Milk Flavoured fat free GV	\$2.00
♦ Cheese & Bacon Roll	\$2.00	♦ Junior Pie	\$1.00	☺ Milk Plain G	\$1.20
♦ ½ Cheese & Bacon Roll	\$1.00	♦ Sausage Roll- reduced fat	\$2.70	☺ Water Small G	\$1.50
♦ Cereal in Cup V	80c	♦ Hash Brown GV	\$1.00	☺ Water Large G	\$2.00
♦ Cheese Roll V	\$2.00	♦ Chicken Nuggets (each) H	60c	♦ Play Water	\$2.50
♦		☺ Beef Lasagne H	\$3.40	☺100% Apple Juice G V	\$1.60
SANDWICHES <i>made with one slice white & one slice wholemeal just for kids</i>		☺ Spaghetti Bolognaise H	\$3.40	☺ 100% Orange Juice G V	\$1.60
☺ Salad - Lettuce, tomato, carrot, beetroot, cucumber	\$2.40	☺ Vegetarian Lasagne H V	\$3.40	Fruit Drink Popper GV	\$1.00
♦ Chicken GH	\$2.50	☺ Vegetarian Fried Rice GV	\$3.20	♦ Quench Mineral water made with pear juice	\$2.50
☺ Tuna/Salmon G	\$2.30	♦ Cheese Roll V	\$2.00	FROZEN ICE TREATS	
♦ Ham G	\$2.60	♦ Mini Spring Roll (each) V	60c	School Approved assorted Iceblocks and Icecreams from 60c to \$2.00 - Slushy small \$1.40 Large \$2.00	
☺ Vegemite/Jam/Choc	\$1.50	☺ Garlic Bread V	\$1.50	FRUIT - Seasonal	From 80c
☺ Baked Bean/Spaghetti V	\$1.80	☺ Corn on the Cob GV	\$1.00	☺ Apple	
☺ Cheese GV	\$2.00	Noodles-Chicken/ Beef/Vegetarian V	\$2.50	☺ Banana	
Add any extra filling for 50c or salad \$1.00		♦ Cheese & Bacon Roll	\$2.00	☺ Orange	
☺ Bread Roll V	Extra 50c	♦ ½ Cheese & Bacon Roll	\$1.00	☺ Slinky Apple	
Toasted or Toastie	free	♦ Hotdog with free Sauce	\$3.00	COUNTER SALES –	
		♦ Pizza Single - Ham & Pineapple, Cheese & Bacon, Cheese, Vegetarian or Garlic	\$2.80	♦ Red Rock Deli Chip	\$1.50
☺ SALAD BOX – ham or chicken lettuce tomato cucumber carrot beetroot cheese + fork	Adult\$5.00 small\$3.00	☺ Cheese & Macaroni VH	\$3.20	☺ Popcorn - warm GV	\$1.00
Salad dressing – available (Free)		♦ Chicken Burger H	\$3.00	♦ Jumpy – Kangaroo Chip V	\$1.20
☺ WRAPS	\$3.50	♦ Cheeseburger or Hamburger	\$3.00	Corntos G	\$1.00
♦ Chicken mayo lettuce		☺ Samosa (each) VH	.60c	Lone Star	
♦ Salad		♦		Cheese Twisters	
♦ Chicken fillet, cheese and lettuce				Rice Stixs	\$1.00
EXTRAS				Mamee Noodles	\$1.00
LUNCH Bag	10c			Sultana	70c
Sauce- tomato, bbq, sweet & sour	30c			Cookie	\$1.00
Fork or Spoon	10c				
		☺ Healthy Green foods= High Nutritional Value ♦ Food coded Amber = Moderate Nutritional Value G = Gluten Free (more options are available please see canteen staff) V = Vegetarian Choices H = Halal Foods Prices subject to change without notice			